



## “God Saves” Preschool Lesson Activities for Families

### I Am Chosen

#### **SUPPLIES**

- Card stock
- Pencil
- Table covering
- Crayons (dark colors)
- Bowls
- Water
- Watercolors
- Paintbrushes

#### **SET UP**

Cover the table and give your child a sheet of card stock with the word Chosen written on it in a dark crayon color. Place watercolors and paintbrush and a bowl of water on table.

#### **RELATE**

**God gave Jonah a special message for the people of Nineveh so they could choose to trust and obey Him. When we trust and obey Jesus, we become a part of God’s family and we belong to Him too. God will always be with us. We’re His chosen children!**

Explain to children that they’re going to make a picture to always remember that they belong to Christ. Paint the entire paper with watercolors. Encourage them to choose whatever colors they want.

When kids are finished painting, point out how the word *Chosen* stands out. **God loves you and chose you to be one of His children. That means you’re very special!**

### Lifesavers

#### **SUPPLIES**

- Inflatable pool rings or something similar (ball, beanbag, etc.) (2)
- Laundry baskets (2)
- Masking tape

#### **PREPARE AHEAD**

Blow up the inflatable rings (if using).

#### **SET UP**

Place the laundry baskets at least five feet away from where your kids will be throwing them. Make a masking tape start line and place the rings (or other object) near the line.

#### **RELATE**

**In The Big God Story, Jonah was thrown into the sea. God saved Jonah by having a big fish swallow him. If we fell into the sea, someone might throw a life preserver, which is a ring that floats, to help save us.**

**We're going to play a game where you try to throw a ring into a laundry basket. When you throw a ring, shout, "God saves me" or "God saved Jonah" or "God saved the sailors" or "God saved the Ninevites." After you've thrown your ring, you can run over and get it, then bring it back and hand it to the next person in line. For added challenge, you can move the basket farther away from children or have them play with their eyes closed.**